

BRYANT

SENIOR ACTIVITY & WELLNESS CENTER

AUGUST 2024

VOLUME 4, ISSUE 44

WELCOME!

**To the Bryant Senior
Activity Center, Where
Age is Just a Number.**

**The place for Congregation
and Conversation**

Mary Vickers, Director

Hours

Monday – Friday

7:30 AM to 3:30 PM

No Membership Fee

Lunch

Eat-In

11:30-Noon

\$3.00 for persons 60 plus

(Suggested Donation)

**\$6.00 fee Under 60,
or take-out meals**

For Home Delivered Meals

Contact: Karlyn Jarratt

501-943-0056

kjarratt@cadc.com



Bryant Senior Activity Center

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501-943-0056

mvickers@cadc.com

www.cadc.com

WE'RE GLAD YOU'RE HERE!

AUGUST BIRTHDAYS



Summer Fun
Fundraiser!
\$5 a ticket or
5 for \$20

Cash Prizes:
\$500, \$300, \$200
Drawing: Aug 30th

Auction

Thursday, Aug 8th
Please help by donating
an item to auction off,
either new or gently
used, or... bid on an
item you will probably
never use, but...
you're helping your
Senior Center :)

DANCE PARTY

Friday, Aug 16th 12:30-2:30
Free! DJ Music, Dancing,
Refreshments and fun.
All are invited!

David Rodgers and
Randy Worsham will
entertain us with
their beautiful music.
Thursday, Aug 22nd
@ 10:00 am.

Christmas Branson Trip
Nov. 19-20-21
See Mary for Details

| | | | |
|-------------------|------|-------------------|------|
| BIVENS, MARITA | 8/01 | SHARON MARSHALL | 8/18 |
| TERRY KIRKPATRICK | 8/02 | JAMES SHELNUK | 8/18 |
| LACEA ALLEN | 8/02 | NANCY ASHLEY | 8/19 |
| PRESTON SMITH | 8/02 | BOB GASTON | 8/19 |
| CLIFFORD NEWELL | 8/03 | MICHAEL HARRIS | 8/19 |
| CATHIE MICHAELSON | 8/03 | RITA REED | 8/19 |
| LUCY FROST | 8/03 | WILLARD BATES | 8/20 |
| NEIL WILLIAMS | 8/04 | JAMES SQUIRES | 8/20 |
| JAMES EVERETT | 8/05 | LINDA THOMPSON | 8/21 |
| DENNIS SCOTT | 8/05 | JULIANN O'QUINN | 8/21 |
| DEBI GEFELL | 8/05 | MICHAEL WOOD | 8/21 |
| STEVE BLAYLOCK | 8/07 | CAROLYN ALLRED | 8/22 |
| DEBORAH WHITFIELD | 8/07 | LINDA BEGS | 8/22 |
| MARTHA HOSER | 8/07 | BOBBY BOGGS | 8/22 |
| WAYNE BOYER | 8/08 | BARBARA LANCASTER | 8/22 |
| BOBBY CARTER | 8/08 | BOBBY WILKERSON | 8/22 |
| MARSHA COCHRAN | 8/10 | BETTY BIAS | 8/23 |
| JACK JENKINS | 8/10 | RAE COURTNEY | 8/24 |
| FRANKIE MCGEE | 8/13 | ROY SIMMONS | 8/24 |
| ROY CLINTON | 8/14 | CHARLES HILL | 8/25 |
| DIXIE DAVIS | 8/14 | SONNY LONG | 8/25 |
| DELORES DOBBS | 8/14 | JIM MCCOY | 8/25 |
| JIMMY PATTON | 8/15 | BOBBY BARGER | 8/26 |
| MARY PAYNE | 8/15 | VERNIA BIAS | 8/26 |
| BARNEY PHILLIPS | 8/15 | BELINDA JONES | 8/26 |
| PATRICIA SMITH | 8/15 | ROSE PETTIT | 8/28 |
| CAROL WILSON | 8/15 | CAROL PHILPOTT | 8/28 |
| SANDRA HOWARD | 8/16 | JO MILLS | 8/28 |
| ARELENE TABLERIU | 8/16 | MARY CRAIG | 8/29 |
| BARBARA CAPLEANER | 8/16 | JUDY RHODES | 8/30 |
| MARIA PENDERGRAFT | 8/16 | JANE DUGAN | 8/30 |
| PAT BROWN | 8/17 | JIM BIAS | 8/30 |
| JERRY HOLT | 8/17 | BEVERLY PORIO | 8/31 |

What's going on at the Senior Center? Here's the Scoop!

Please help your senior center by purchasing a ticket or tickets to our Summer Fun Fundraiser. Drawing is August 30, 2024. Take a chance to win \$500, \$300 or \$200 in cash!

Auction! Thursday, Aug 8th. Donations of gently used or new items needed, anything will do i.e., furniture, household items, tools, handbags etc. Viewing will start at 8:00 am, auction begins at 10:00. Cash or check only.

Dance Party! Friday, August 16th from 12:30 to 2:30 pm. DJ music by Bob Leo, Refreshments and Fun. Free!

David Rodgers and Randy Worsham will entertain us with their beautiful music on Thursday, Aug 22nd @ 10:00 am.

Branson trip in November is quickly filling up, please get your deposits in now!

Butch Higginbotham from Century 21 Parker & Scroggins Realty will be our Bing sponsor on Aug 30th. Thank you Butch!



Thank you to Jesse Hathcote from In Home Senior Kare for sponsoring our August birthday party.

*** Just a word of warning... School starts Monday, August 19th.**

Please check the activity calendar for regular on-going activities.

From time to time the schedule is subject to change

Activity Calendar August 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|--|---|
|  | Chair Volleyball in the Gym Monday & Wednesday @ 10:30 | Ageless Grace Exercise Class Every Tuesday & Friday 9:30 | Mahjong Mondays & Wednesdays 12:00 pm | 1 The Gospel Guys and Gals 9:30 Advanced Line Dance Class 1:30-3:00 | 2 Ageless Grace Exercise 9:30 Bingo 10:00 | 3 Dance 7:00-9:30 Steel Kickin' Live Music \$6.00 per person |
| 4 | 5 *BBB 10:00 Crochet Circle 10:00 Line Dance Class/Beginners 2:00-3:00 Hair Cuts 9:00 | 6 *BBB Learn to Sign 10:00 ARORA 11:00 Organ Donation Line Dance Exp. 2:00-3:00 | 7 Band Live music 9:00-11:30 Manicures & Pedicures 9:00-11:00 | 8 Auction 10:00 Auction Items needed Advanced Line Dance Class 1:30-3:00 Karaoke 6:00 | 9 Ageless Grace Exercise 9:30 Bingo 10:00 | 10 Dance 7:00-9:30 Beau Renfro & Southern Country Live Music \$6.00 per person |
| 11 | 12 *BBB 10:00 Crochet Circle 10:00 Line Dance/Beginners 2:00-3:00 | 13 *BBB 10:00 Learn to Sign 10:00 Line Dance Exp. Only 2:00-3:00 | 14 Band Live Music 9:00-11:30 Baptist Health BP/BS Screenings 9:00-11:00 | 15 Gospel Guys & Gals 9:30 Advanced Line Dance Class 1:30-3:00 | 16 Ageless Grace Exercise 9:30 Bingo 10:00 Dance Party Free! 12:30-2:30 Refreshments | 17 Dance 7:00-9:30 Pure Luck Live Music \$6.00 per person |
| 18 | 19 *BBB 10:00 Crochet Circle 10:00 Line Dance Class/Beginners 2:00-3:00 Hair Cuts 9:00 | 20 *BBB 10:00 Learn to Sign 10:00 Line Dance Experience Only 2:00-3:00 | 21 Band Live Music 9:00-11:30 Quarterly Commodities 8:00-3:00 | 22 David Rodgers and Randy Worsham 10:00 Advanced Line Dance Class 1:30-3:00 | 23 Ageless Grace Exercise 9:30 Bingo 10:00 | 24 Dance 7:00-9:30 Silverado Live Music \$6.00 Per person |
| 25 | 26 *BBB Super Noggin 10:00 Crochet Circle 10:00 Line Dance Class/Beginners 2:00-3:00 | 27 *BBB 10:00 Learn to Sign 10:00 Line Dance Exp. Only 2:00-3:00 Bowling 9:30 | 28 Band Live Music 9:00-11:30 | 29 Karaoke 9:00-11:30 Advanced Line Dance Class 1:30- 3:00 | 30 Ageless Grace Exercise 9:30 Birthday Party 10:00 Bingo 10:30 Sponsored by: Butch Higginbotham | 31 Dance 7:00-9:30 Nostalgia Live Music \$6.00 per person |
| Big Summer Fun Fundraiser Drawing August 30th! Still time to buy tickets and help the center! Cash Prizes! 1ST PRIZE \$500, 2ND PRIZE \$ 500, 3RD PRIZE \$300, 4TH PRIZE \$200. | | | | Manicures \$15 Pedicures \$25 Hair Cuts Men \$12 Women \$17 | Axe Throwing  | *BBB Bean Bag Baseball <hr/> Avon Lady comes on the 1st & 3rd Friday 9-10:00 |

Menu August 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|---|---|-----|
| Lunches are served with Skim Milk or Iced Tea | | | | 1 Chicken & Dumplings Green Beans Garlic Bread Mandarin Oranges Pudding | 2 Pulled Pork on Bun Baked Beans Coleslaw Applecrisp | 3 |
| 4 | 5 Lasagna w/Meat Sauce Salad Garlic Bread Stick Chilled Peaches | 6 BLT Sandwich Pasta Salad Watermelon Slice | 7 Roast Beef Mashed Potatoes Green Beans Roll Chilled Pineapple Cookie | 8 Chicken Fried Steak Mashed Potatoes Broccoli Whole Wheat Roll Melon | 9 Deli Hogie Sandwich Lettuce & Tomato Fruit Chips Cake | 10 |
| 11 | 12 Spaghetti w/Meat Sauce Broccoli French Bread Cantaloupe | 13 Grilled Chicken Salad Bread Fresh Fruit Sherbet | 14 Chicken Spaghetti Tossed Salad French Bread Fresh Fruit | 15 Hawaiian Chicken Rice Roasted Zucchini Wheat Roll Cake | 16 Hamburger on Bun Tater Tots Lettuce, Tomato, Onion Chilled Pineapple | 17 |
| 18 | 19 Tuna Salad Sandwich on Wheat Pasta Cheese Salad Fresh Fruit | 20 Cheesy Chicken Pasta California Vegetables Tossed Salad Garlic Bread Sherbet | 21 Ham & Beans Greens Cornbread Cherry Crisp Vanilla Ice Cream | 22 Hamburger Steak w/ Onion Gravy Mashed Potatoes Green Beans Fresh Fruit Brownie | 23 Chicken Pot Pie Tossed Salad Dinner Roll Strawberries | 24 |
| 25 | 26 Sliced Ham American Fried Potatoes Turnip Greens Cornbread Fresh Fruit Cookie | 27 Glazed Meatloaf Mashed Potatoes Mixed Vegetables WW Bread Pineapple Upside Down cake | 28 BBQ Chicken Seasoned Yellow Squash Tossed Garden Salad Fruit Crisp | 29 Breaded Fish Oven Fries Cole Slaw Roll Cake | 30 Chili Dog on Bun Sweet Potato Tots Sliced Fresh Strawberries Cake | 31 |
| <p>Staying for lunch?</p> <p>A suggested \$3.00 donation is appreciated for age 60 plus. Under 60? There is a fee of \$6.00</p> <p>There is power in giving! Thank you!</p> | | | | |  <p>Central Arkansas Development Council</p> | |

Name: _____

Date: _____

Crazy for Coffee

A M E R C D R I P F E Y E D E R E
B F L A T T E S D E G A S S I N G
O I P P O D D M O C H A O T G V E
U E D R I O N O C A F D T S A O R
R A E A F O I T T R A D E A W I I
B A T A O T R A U T I T R O F A A
O D A T I L G G R N R A O Y K X M
N T N S A A N O O H B G R H R X A
T F I U T T C F S I C I D E S E C
Y E E B S E P F C S S N T S F M C
P N F O I I U A D T E S E I O E H
I I F R R R L N R L A R N R I H I
C E A R A A L E B O H I P O F C A
A F C S B V T S R M S O B S M Z T
E F E B L T T L P H S A F U E J O
E A D U O S S E R P O R E A N Q A
O C R E W E R B O N A C I R E M A

Word List:

AEROPRESS
ARABICA
BLEND
BREWER
DEGASSING
FAIR
LATTE
RISTRETTO
TYPICA

AFFOGATO
BARISTA
BOURBON
CORTADO
DOPPIO
TRADE
MACCHIATO
REDEYE
VARIETAL

ROAST
ROASTER
CAFFEINE
CREMA
DRIP
FINISH
MOCHA
ROBUSTA

AMERICANO
GRINDER
CHEMEX
DECAFFEINATED
ESPRESSO
FRENCH
PULL
SHOT

A Funny: What is worse than raining cats and dogs? Hailing taxis

