

CADC Administration 321 Edison Ave 501.778.1133  
CADC Weatherization 722 Gaunt Street 501.776.8446  
CADC Medicaid Call Center 722 Gaunt Street 501.326.6300  
Offices are located in Benton, AR 72015 [www.cadc.com](http://www.cadc.com)

## CADC Senior Activity Centers Locations

### Clark County

Arkadelphia Senior Activity Center  
1305 North 10th Street  
Arkadelphia, AR 71923  
870-246-9871 / 870-246-9871 (f)

Gurdon Senior Activity Center  
410 E. Main  
Gurdon, AR 71743  
870-353-2095 / 870-353-4136 (f)

### Hot Spring County

Malvern Senior Activity Center  
1800 West Moline  
Malvern, AR 72104  
501-332-5374 / 501-332-4005 (f)



CADC Senior Activity Centers

**CADC IS:**  
A Community Action Agency  
An Equal Opportunity Employer  
A United Way Agency

### Pike County

Glenwood Senior Activity Center  
229 Betty Street  
Glenwood, AR 71943  
870-356-4212 / 870-356-4743 (f)

### Pike County

Murfreesboro Senior Activity Center  
120 E. Court, Suite A  
Murfreesboro, AR 71958  
870-285-2312 / 870-285-2446 (f)

### Montgomery County

Mount Ida Senior Activity Center  
158 Senior Drive  
Mt. Ida, AR 71957  
870-867-2313 / 870-867-2620 (f)

### Saline County

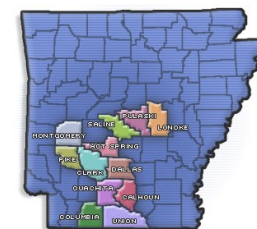
Benton Senior Activity Center  
1800 Citizens Drive  
Benton, AR 72015  
501-315-0645 / 501-776-2180 (f)

Bryant Senior Activity Center  
6401 Boone Road #3 (Bishop Park)  
Bryant, AR 72022  
501-943-0056 ext 3

# CADC Senior Activity Centers



Central Arkansas  
Development Council



[www.cadc.com](http://www.cadc.com)

## Who We Are

CADC's Senior Activity Center Program began in 1974 and offers a variety of services and activities for older persons. It provides socialization, hot meals, and recreational activities for senior citizens.

Each Senior Activity Center includes a Senior Council, in which participants in the center help develop activities.

CADC has eight Senior Activity Centers in five counties: Clark (Arkadelphia and Gurdon), Hot Spring (Malvern), Montgomery (Mt. Ida), Pike (Glenwood and Murfreesboro), and Saline (Benton and Bryant).

Seniors 60 and over are welcome to enjoy the activities and services provided by the centers.



## Services at the Centers



- ◆ Exercise Classes
- ◆ Dances
- ◆ Commodity Food Distribution
- ◆ Meal Delivery for Homebound Individuals
- ◆ Meals in Congregate Setting
- ◆ Daily Brain and Memory Puzzles
- ◆ Socialization
- ◆ Transportation to and from the Center
- ◆ Blood Pressure/Blood Sugar Screenings
- ◆ Consumer & Nutrition Education
- ◆ Field Trips & Tours
- ◆ Games, Crafts, & Music
- ◆ Monthly Birthday Parties
- ◆ Telephone Reassurance
- ◆ AARP Driving Courses
- ◆ Opportunities to Volunteer



**Visitors are Always Welcome**

CADC complies with Title VI and VII of the Civil Rights Act

## Lots to Do Here!

Our Senior Activity Centers offer a variety of activities.

You can get help with your taxes, learn about legislation affecting you, and attend interesting and informative programs.

For fun, there are dances, bingo, pool, dominoes, card games, and more. You can also learn to quilt or make crafts.



We provide activities for seniors to visit their friends or make new ones in a relaxed atmosphere.

Each day, we serve a fresh cooked, nutritious meal at the center and also deliver these meals to the homebound. A small donation is requested.

You can also get fit - we have exercise rooms with equipment donated by various organizations. We also offer exercise programs and classes tailored to seniors.