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## **CADC SENIOR ACTIVITY CENTER MEANS:**

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- **BINGO**
- **BIRTHDAY PARTIES**
- **CONTESTS**
- **CONVERSATION**
- **CRAFTS**
- **DANCING**
- **EDUCATION**
- **EXERCISE**
- **FELLOWSHIP**
- **FIELD TRIPS**
- **FOOD**
- **FUN**
- **GAMES**
- **HOMEBOUND MEALS**
- **MUSIC**
- **ROUND Table DISCUSSION**
- **AND SO MUCH MORE!!**

Come and see what you have been missing out on. Come share your talents! Come for a VISIT!

Seniors, age 60 and older, are welcome to join the activities and services offered by the centers.

## **HOW DO I ENROLL?**



- Senior Center applications are online or you can call the center in your county for more information or just stop by and sign up! There is no fee to sign up.



- The photo shown above was taken at the Bryant Senior Activity Center of their Karaoke Contest participants. They were so good, you would want their autographs! There is lots of talent at the Senior Activity Centers.

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***Our Senior Activity Centers offer a variety of activities.***

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***You can get help with your taxes and you can learn about how legislation might affect you.***

***You can attend programs and get information about what is going on.***

***You can come hang out and talk with people who have similar interests and hobbies.***

***Each day we are open, we serve a fresh cooked, nutritious meal at the center and also deliver these meals***



***to the homebound. A small donation for meals is suggested.***

***You can come and exercise in programs and classes tailored to seniors.***



***We provide activities for seniors to visit their friends or make new ones in a relaxed atmosphere.***

# **CADC SENIOR CENTER LOCATIONS**

## **Clark County**

### **Arkadelphia CADC Senior Activity Center**

1305 N. 10<sup>th</sup> St., Arkadelphia 71923  
Phone: 870-246-9871

### **Gurdon CADC Senior Activity Center**

410 East Main, Gurdon, AR 71743  
Phone: 870-353-2095

## **Hot Spring County**

### **Malvern CADC Senior Activity Center/Community Center**

1800 West Moline, Malvern 72104  
Phone: 501-332-5374

## **Pike County**

### **Glenwood CADC Senior Activity Center**

229 Betty Street, Glenwood, AR 71943  
Phone: 870-356-4212

### **Murfreesboro CADC Senior Activity Center**

120 East Court, Suite A, Murfreesboro, AR 71958  
Phone: 870-285-2312

## **Montgomery County**

### **Mount Ida CADC Senior Activity Center**

158 Senior Drive, Mt. Ida, AR 71957  
Phone: 870-867-2313

## **Saline County**

### **Benton CADC Senior Activity & Wellness Center (River Center)**

1800 Citizens Drive, Benton 72015  
Phone: 501-315-0645/501-776-0255

### **Bryant CADC Senior Activity & Wellness Center**

6401 Boone Road #3 (Bishop Park)  
Bryant, AR 72022  
Phone: 501-943-0056, ext 3

### **WHO IS CADC?** [www.cadc.com](http://www.cadc.com).

Central Arkansas Development Council has been a private, non-profit community action agency since its incorporation in 1965. CADC is the Community Action Agency for 19 counties in Arkansas: Calhoun, Clark, Columbia, Dallas, Hempstead, Hot Spring, Howard, Lafayette, Little River, Lonoke, Miller, Montgomery, Nevada, Ouachita, Pike, Pulaski, Saline, Sevier and Union. CADC manages the Senior Activity Centers in the five central counties.

CADC Administration [www.cadc.com](http://www.cadc.com)

P.O. Box 580, Benton, AR 72018

Phone 501-315-1121 FAX #: 501-778-9120

CADC Weatherization 722 Gaunt Street 501-776-8446

CADC Medicaid Call Center 722 Gaunt Street 501-326-6300

*"The mission of CADC is to alleviate the causes and conditions of poverty, to help vulnerable populations achieve their potential and to build strong communities in Arkansas through community action."*

# **CADC**

## **Senior Activity Centers**



### *Central Arkansas Development Council*

