

# Central Arkansas Development Council

## Family Development Training and Credentialing (FDC) Program



The Family Development Training and Credentialing (FDC) Program is a major Central Arkansas Development Council initiative that provides frontline workers with the skills and competencies they need to empower families to attain a health self-reliance and interdependence with their community.

The Family Development Training is based on a curriculum from Cornell University and is currently being implemented in fourteen states. It is offered through a collaborative partnership of Central Arkansas Development Council, The University of Missouri-Kansas City (UMKC) Family Studies Program, and Ouachita Technical College. Ninety (90) contact hours of classroom instruction, completion of assigned reading and other coursework and testing will result in certification and 7 hours of college credit. FDC Instructors and Portfolio Advisors have been certified by the University of Missouri-Kansas City (UMKC) Family Studies Program.

Course goals are:

- A. Families will develop their own capacity to solve problems and achieve long-lasting self-reliance and interdependence with their communities
- B. Front-line workers will develop skills and competencies needed to work effectively with families
- C. Agencies and communities will transform the way they work with families, focusing on strengths, families setting their own goals, and fostering collaboration.

The course modules include Family Development, Communicating with Skill and Heart, Taking Good Care of Yourself, Diversity, Strengths-Based Assessment, Helping Families Set and Reach Their Own Goals, Helping Families Access Specialized Services, Home Visiting, Facilitation Skills: Family Conferences, Support Groups, and Community Meetings, and Collaboration.

This training course will incorporate lecture, structured exercises, and small/large group discussion. Sessions will be primarily to knowledge and skill building as well as application exercises. Students will also participate in brief, small group discussions devoted to planning and strategizing with their field advisor.

***The cost of the Family Development Training and Credentialing (FDC) Program is \$1200 payable upon program acceptance. This fee covers: books and materials, instructor and classroom expense, portfolio review expense, and credentialing fees. You will be notified of the class schedule.***

**Applications must be submitted to: Brenda Fiser, Family Development Manager  
Central Arkansas Development Council  
P. O. Box 580  
Benton, AR 72018  
Phone: (501) 778-1133  
Fax: (501) 778-9120  
Email: [bfiser@cadc.com](mailto:bfiser@cadc.com)**

Central Arkansas Development Council  
Family Development Training and Credentialing (FDC) Program



**APPLICATION**

Name: \_\_\_\_\_ Position: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone No: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

*Please respond to the following questions in a document no longer than three pages, double-spaced format:*

- 1. What interests you about the Family Development Training and Credentialing (FDC) Program? Why do you want to participate in this program?**
  
  - 2. Tell us about your knowledge and experience that qualifies you to work with families.**
  
  - 3. Tell us about the methods you use in your work with families and why you feel those methods are successful.**
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## Statement of Commitment from Applicant

Applicant's commitment:

- If accepted, I will make the commitment to complete the Family Development Specialist Activity Portfolio and to attend all 90 contact hours of the Family Development Training and Credential (FDC) Program.
- I will be on time to class and attend the entire time.
- I will participate in all training activities.
- I will complete assigned reading before each session as outlined in the syllabus and complete all assignments on time.
- I will be responsible for notifying the instructor(s) of any concerns in a timely fashion.
- I will maintain regular contact with my field advisor as directed or required.
- I will provide documentation that details my understanding of the knowledge and skills acquire throughout the course.

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*Applicant's Signature*

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*Date*

## Statement of Commitment from Applicant's Employer

Employer's commitment:

- If my employee is accepted, I will make the commitment to provide time for the employee to complete the Family Development Specialist Activity Portfolio and to attend all 90 contact hours of the Family Development Training and Credential (FDC) Program.
- I will encourage the employee to be on time to class and attend the entire time.
- I will encourage the employee to participate in all training activities.
- I will encourage the employee to complete assigned reading before each session as outlined in the syllabus and complete all assignments on time.

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*Employer's Signature*

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*Date*

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**Benton, AR 72018**  
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