

CADC Administration 321 Edison Ave 501.778.1133
CADC Weatherization 722 Gaunt Street 501.776.8446
CADC Medicaid Call Center 722 Gaunt Street 501.326.6300
Offices are located in Benton, AR 72015 www.cadc.com

CADC Senior Activity Centers Locations

Clark County

Arkadelphia Senior Activity Center

1305 North 10th Street
Arkadelphia, AR 71923
870-246-9871 / 870-246-9871 (f)

Gurdon Senior Activity Center

410 E. Main
Gurdon, AR 71743
870-353-2095 / 870-353-4136 (f)

Hot Spring County

Malvern Community Center

1800 West Moline
Malvern, AR 72104
501-332-5374 / 501-332-4005 (f)

CADC IS:
A Community Action Agency
An Equal Opportunity Employer
A United Way Agency

Pike County

Glenwood Senior Activity Center

229 Betty Street
Glenwood, AR 71943
870-356-4212 / 870-356-4743 (f)

Murfreesboro Senior Activity Center

120 E. Court, Suite A
Murfreesboro, AR 71958
870-285-2312 / 870-285-2446 (f)

Montgomery County

Mount Ida Senior Activity Center

158 Senior Drive
Mt. Ida, AR 71957
870-867-2313 / 870-867-2620 (f)

Saline County

Benton Senior Activity Center

1800 Citizens Dr
501.315.0645/ 501-776-2180 (f)
Benton Commodity Distribution
210 Jefferson , Benton, AR 72015

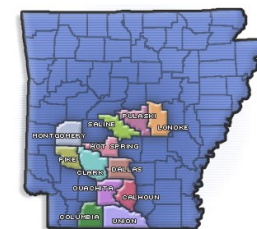
Bryant Senior Activity Center

6401 Boone Road #3 (Bishop Park)
Bryant, AR 72022
501-943-0056 ext 3

CADC Senior Activity Centers



Central Arkansas
Development Council



www.cadc.com



Join us

CADC Senior Activity Centers

Who We Are

CADC's Senior Activity Center Program began in 1974 and offers a variety of services and activities for older persons. It provides socialization, hot meals, and recreational activities for senior citizens.

Each Senior Activity Center includes a Senior Council, in which participants in the center help develop activities.

CADC has eight Senior Activity Centers in five counties: Clark (Arkadelphia and Gurdon), Hot Spring (Malvern), Montgomery (Mt. Ida), Pike (Glenwood and Murfreesboro), and Saline (Benton and Bryant).

Seniors 60 and over are welcome to enjoy the activities and services provided by the centers.



Services at the Centers



- ◆ Exercise Classes
- ◆ Dances
- ◆ Commodity Food Distribution
- ◆ Meal Delivery for Homebound Individuals
- ◆ Meals in Congregate Setting
- ◆ Daily Brain and Memory Puzzles
- ◆ Socialization
- ◆ Transportation to and from the Center
- ◆ Blood Pressure/Blood Sugar Screenings
- ◆ Consumer & Nutrition Education
- ◆ Field Trips & Tours
- ◆ Games, Crafts, & Music
- ◆ Monthly Birthday Parties
- ◆ Telephone Reassurance
- ◆ AARP Driving Courses
- ◆ Opportunities to Volunteer



Visitors are Always Welcome

CADC complies with Title VI and VII of the Civil Rights Act

Lots to Do Here!

Our Senior Activity Centers offer a variety of activities.

You can get help with your taxes, learn about legislation affecting you, and attend interesting and informative programs.

For fun, there are dances, bingo, pool, dominoes, card games, and more. You can also learn to quilt or make crafts.



We provide activities for seniors to visit their friends or make new ones in a relaxed atmosphere.

Each day, we serve a fresh cooked, nutritious meal at the center and also deliver these meals to the homebound. A small donation is requested.

You can also get fit - we have exercise rooms with equipment donated by various organizations. We also offer exercise programs and classes tailored to seniors.