

CADC Administration 321 Edison Ave 501.778.1133
 CADC Weatherization 722 Gaunt Street 501.776.8446
 CADC Medicaid Call Center 722 Gaunt Street 501.326.6300
 Offices are located in Benton, AR 72015 www.cadc.com

**CADC IS:
 A Community Action Agency
 An Equal Opportunity Employer
 A United Way Agency**

Calhoun County

Hampton (71744) 210 S. Lee 870.798.2457

Clark County

Amity (71921) 213 N. Clark 870.342.5358

Arkadelphia (71921) 1305 N. 10th St. 870.403.0679

Community Dev. 301 N. 23rd St. 870.246.8931

Head Start 1305 N. 10th St. 870.246.8089

Senior Center 1305 N. 10th St. 870.246.9871

Transportation 1305 N. 10th St. 870.246.8747

Gurdon (71743) 410 E. Main 870.353.2095

Senior Center 410 E. Main 870.353.6616

Columbia County 1503 North Vine 870.234.6444

Magnolia (71753)

Dallas County 410 E. 4th St. 870.352.8894

Fordyce (72742)

Hot Spring County 2078 Arlie Moore 501.865.1882

Bismarck (71929)

Head Start 21977 Hwy. 51 501.332.6906

Magnet Cove (72104)

Head Start 1735 E. Sullenberger 501.337.1502

Malvern (72104) 1303 S. Main 501.332.5426

Operations 1800 W. Moline 501.332.5374

Senior Center 830 W. Moline 501.332.6215

Transportation 1735 E. Sullenberger 501.337.8401

Fam Dev/SPS

Lonoke County 616 North Center 501.676.0019

Lonoke (72086)

Montgomery County 158 Senior Dr. 870.867.0151

Mount Ida (71957) 156 Senior Dr. 870.867.3722

Com. Participation/Taxes 158 Senior Dr. 870.867.2313

Head Start 525 Airport Road 501.623.2875

Senior Center Suite 10, Hot Springs, AR 71913

Transportation

Pike County

Delight (71940) 621 E. Cherry Street 870.379.2270

Head Start

Glenwood (71943) 974 Lakeshore Dr. 870.356.4780

Head Start 229 Betty St. 870.356.4212

Senior Center/HEAP

Kirby (71950) 2614 Hwy 27 N 870.398.4243

Fam Dev/SPS

Murfreesboro (72086) 120 E. Court, Ste. B 870.285.3351

Head Start 120 E. Court, Ste. A 870.285.2312

Senior Activity/HEAP

Pulaski County #2 Crestview Plaza 501.457.5621

Jacksonville (72076)

Little Rock (72209) 5401 S. University Ave. 501.603.0909

N. Little Rock (72116) 321 W. Pershing 501.771.0745

Quachita County 313 Jefferson St. SW 870.836.3200

Camden (71701)

Saline County 321 Edison Ave. 501.778.1133

Benton (72015) 321 Edison Ave. 501.778.1133

Com. Participation

Fam Dev/HEAP/SPS/Taxes

Head Start 1800 Citizens Dr. 501.315.0645

Senior Center 210 Jefferson St.

Commodities 408 W. Walnut St. 501.315.0800

Transportation

Bryant (72022) 6401 Boone Rd. #3 501.943.0056 ext 3

Senior Center

Harmony Grove (72015) 115 School Dr. 501.776.1697

Head Start

Shannon Hills (72002) 11925 County Line Rd 501.455.4932

Head Start

Union County 1426 NW Avenue 870.864.0067

El Dorado (71730)

Southern Region Transportation (SCAT)

Calhoun, Columbia, Dallas, Ouachita, & Union Counties

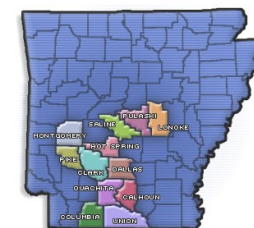
Camden (71730) 313 Jefferson St. SW 870.836.3200

Family Development Credential



**Empowering Families
 Strengthening Workers
 Improving Communities**

**Central Arkansas
 Development Council**



www.cadc.com

CADC provides services in 12 counties in Arkansas. Contact any of our local offices for more information about the programs and services offered in your area.

What is the FDC?

The Family Development Credential Program (FDC) provides front-line agency workers with the skills and competencies necessary to empower individuals and families to solve problems and to set and reach their own goals.

There is a widespread consensus among families, workers, and policymakers that services for families must change.

Family workers need systematic, comprehensive coursework to help families take a larger role in shaping their own futures.

The FDC uses a well-researched, strengths-based, help-seeking family support approach. The curriculum was developed at Cornell University and has been implemented throughout the country.

The FDC program transforms the way agencies and communities interact with families.



"I have to think (the FDC) has had an impact. Our turnover rate in the division that we started this was about 40% a year. Our turnover rate during the time period we've had (the FDC) has been almost zero."

A Movement for Agency Change

The FDC is designed to reorient human service agency practices to the family support model by providing cross-agency training for family workers on family support principles.

The FDC guides individuals and families to use services as stepping stones to self-reliance and interdependence with their communities rather than getting caught in the trap of dependency.

You Can Empower Families

- ◆ Support legislation which moves human service agencies toward the family support approach.
- ◆ Urge state agency administrators to implement the FDC program for workers who interact with individuals and families.
- ◆ Promote employer benefits. The FDC increases productivity, strengthens workers, and has a direct and positive impact on every employer's bottom line.
- ◆ Save taxpayer dollars and improve communities. The FDC reduces service duplication and is based on collaboration saving taxpayer dollars; it improves awareness and utilization of existing services to make all systems run more efficiently.
- ◆ Provide more constituent benefits. FDC empowers families by helping people reach their own goals for self-reliance and interdependence. Strong families = healthy, productive communities.



CADC complies with Title VI and VII of the Civil Rights Act

Curriculum Topics

- ★ Family Development
- ★ Worker Self-Empowerment
- ★ Communicating with Skill and Heart
- ★ Mutually Respectful Relationships
- ★ Cultural Competence
- ★ Home Visiting
- ★ Collaboration

Features

- ◆ 90 hours of empowerment coursework
- ◆ Community based facilitator
- ◆ One-on-one mentoring by portfolio advisors
- ◆ Supportive, interactive learning environment
- ◆ Standardized exam
- ◆ Credential from Program

Results

- ✦ Families set long-term goals and partner successfully with community resources
- ✦ Workers report increased self-esteem, confidence, assertiveness and improved communication and relationship skills
- ✦ Supervisors report higher staff morale and lower turnover among FDC trained workers

Thanks to Our Partners

- ◆ University of Missouri - Kansas City
- ◆ Cornell University
- ◆ College of the Ouachitas, Malvern
- ◆ Career Pathways Program